

# Lymph Muscle Massage

Taught By Margie Schaeffer, M. Ed., LMT

Participants will first be presented a basic introduction to the physiology of the lymph system. Next, participants will study where individual muscles are located within the lymph watersheds of the body and then how to apply basic lymph techniques to specific muscles that are hypertonic or in chronic contracture. Lymph watershed massage techniques are easily integrated with a regular massage session. Fee: \$90.

Check us out at [www.synergymassage.edu](http://www.synergymassage.edu)

- September 12<sup>th</sup> 1pm 'till 7pm
- 6 hours NCBTMB Continuing Education Credits

Synergy Healing Arts Center  
& Massage School, Inc.

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Near the BRS Library



**A non-  
refundable  
deposit of  
\$25 will  
guarantee  
your spot in  
the class**

**All fees must  
be paid in  
full by  
September  
1, 2010.  
Please make  
check  
payable to  
and mail to  
Synergy**

## Hours

Monday through  
Saturday: 9 A.M.  
to 5 P.M.

Call us 24/7

877-372-6617